

BLAST BEATS EVOLVED

DEREK RODDY



- Legendary metal drummer Derek Roddy explores the development and mechanics of modern extreme drumming.
- The DVD features examples and exercises for Blast Beats, Skank Beats, Bomb Blasts, Hammer Blasts and Freehand Blasts, plus a comprehensive conditioning program for hands and feet, balance and endurance, and also includes five solo jams and performances of seven Serpents Rise songs—complete with minus-drums play-along tracks.
- The DVD can be used in conjunction with Roddy's award-winning book/audio pack, *The Evolution Of Blast Beats* (Hudson Limited), and can be applied in a variety of progressive drumming situations.

Blast Beats Evolved by Derek Roddy

DVD

#HDDVDDR21

\$29.95

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